



# Sandlot Academy Catchers Clinic

Featured Instructor

## Frank Charles

Sandlot Academy will be holding a catchers clinic starting in November. The six week clinic features former Major League catcher Frank Charles. Frank has played at every level of professional baseball. Drafted by the San Francisco Giants, played for the Rangers, and Padres organization. Frank made his Big League debut with the Astros in 2000. While playing pro ball Frank was also a featured instructor for nationally renowned pitching and throwing instructor, and founder of the National Pitching Association, Tom House. Frank's experience as a professional baseball catcher, his knowledge of the game and abilities as a certified instructor will pay big dividends to those who attend this clinic. This is a MUST for any ball player who wishes to take his catching skills to a new level. There is limited space available so reserve your space now.

**Cost \$140.00 for the six week.**

**Nov 6 – Dec 11, 2013**

**Time 7:30 to 9:00 starting**

**Ages 10 and 15**

**Player to provide their own equipment**

**Clinic includes :**

- **Catching Mechanics**
- **Throwing Mechanics**
- **Video Analysis**
- **Proper conditioning and Preparation**

**Limited space available so call now 680-0012, Check us on the web at [sandlotwny.com](http://sandlotwny.com) (training) or on Facebook. Registration forms are online.**